

Monthly Menu Plan

Week	Sunday Pasta	Monday Crock/casserole	Tuesday Mexican	Wednesday Meat 'n Potatoes	Thursday Soup	Friday Pizza	Saturday Grill/Quick 'n EZ
	Spaghetti	Tuna Mac	Chimichangas	Pork Tenderloin	Baked Potato		Baked Potato Bar
	Linguini & Clam	Beef 'n Mac	Tacos	Saucy Chsbrgr Lvs	Butternut Squash		Hamburgers
	Lasagna	Hamburger Bean	Layered Mex.Cas	Mustard Cr. Chops	Pot/Saus Chowde	Pizza	Stroganoff
	Stuffed Shells	Tunaburgers	Enchiladas	Chicken Dumplings	Navy Bean		Sloppy Joe
	Fettucini Alfredo	Crnch Chick. Biscuit	Quesadillas	Chick. Paprika	Split Pea		Reubens
	Spinach Ravioli	Apple Pancakes	Fajitas	Peach Chick. Stuffir	Zucchini		Saus. & Kraut
	Mostaccioli Bake	Appetizers	Mex. Shrd Pork	Lemon Chick.	Chili		Quiche
	Basil/Shrimp Angel Hair			Chick. Parmesan	Taco Soup		ribs/bbq strips
	Spaghetti	Tuna Mac	Chimichangas	Pork Tenderloin	Baked Potato		Baked Potato Bar
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